



Blue sky

Welcome

Information for Youth



Welcome to Blue sky Residential Care

At Blue sky we want to help you. This package will give you some details about Blue Sky and ways that we can help you.

READ IT and if you have questions, **ASK!** We're happy to help.

Blue sky is here for you **24** hours a day, **7** days a week.

Here is the contact information for your Blue Sky team:

Blue sky Director of Programs & Services:

Caitie Burke

Phone: (709) 733.2273

Blue sky Program Manager:

Name: _____

Phone: _____

Blue sky Home Manager/Supervisor:

Name: _____

Phone: _____

Your designated quiet area is:

Emergency after hours on-call service

Blue sky has an on-call service to respond to emergency issues after business hours.

The Blue sky emergency after hours phone number is **(709) 685.2659**



Programs of Care within Blue Sky

Sometimes families go through a period where they need extra help. To protect children and keep them safe, the court may order that a child or children cannot live at home (*Child and Youth Care Protection Act*, SNL 2010, c. C - 12.2, s. 32. When this happens, we are asked to care for these children.

We know that all children and families are different so we have different programs to try and help. Each program has different skills and strengths.

So that we can provide kids and families with the help that they need, we have three different programs of care:

Emergency Placement Homes

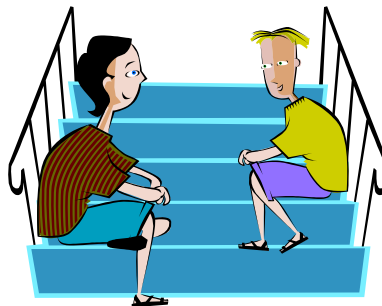
This program focuses on caring for children and teens when the plan is for them to go home to their family or to a foster family within a short period of time. The main goal is to guide and support you through this period of transition.

Group Homes

This program is for children and teens, aged 9 to 18, when the long term plan is for them to stay in a residential setting with other young people. Its focus is to foster relationships and develop life skills that help you to become resilient and independent.

Individualized Living Arrangements

This program is for children and teens whose needs cannot be met in a family, foster home or group home setting. Often the main goal of this program is to help you learn life skills so you can eventually live safely on your own.





Program Expectations: Rules vs. Expectations

We are teachers, not jailors! But we want to keep you safe so we make a distinction between rules and expectations.

Rules are developed for safety reasons only, for example wear a seat belt in the car.

Expectations help to teach respect for each other.

Here is the list of **expectations** that children and youth in any Blue sky Residential Care program are expected to meet:

- Follow all of the safety rules posted in the home and explained by the Child and Youth Care Workers;
- Participate in the program activities as specified on your Service Delivery Plans;
- Cooperate with reasonable staff requests;
- If you can go out alone, inform staff when leaving the home, keep in touch and return home by curfew;
- Keep your room clean and help with the chores;
- Be involved! Attend school, camp, extracurricular activities and other program activities as available;
- Take care of your body. Keep clean!
- Don't be aggressive or destructive;
- Be respectful and use appropriate behaviors;.
- Respect the property and belongings of others;
- Just say no! Stay away from alcohol and illegal drugs and prescriptions that aren't yours; and
- Weapons and firearms are not permitted under any circumstances.

If there is an expectation that you don't agree with then feel free to talk to your Home Manager, Home Supervisor or Program Manager to discuss an alternative or compromise.





Assessment Process and Service Delivery Plans (SDP)

So we can help each young person reach their fullest potential, Blue sky staff have an assessment process. This process begins when you come to live with us and we ask for more details so we can begin to understand you better.

We also use specific assessment tools to help figure out what you are good at (your skills) and where you may need help (your needs).

Blue sky currently uses two assessments which are completed by a Blue sky staff member:

1. The **ASQ-3** (Ages and Stages Questionnaire, 3rd ed.) is a screening and monitoring system that assesses a child's development in their first five years.
2. The **TCOM** (Total Clinical Outcomes Measurement) assessment tool is a group of assessments designed to work out how your family and all the professionals involved in your care can work together to help you develop your skills and work on your needs.



Once an assessment has been completed then we write a **Service Delivery Plan (SDP)**. The SDP includes medical and legal information as well as information about your academics, relationships and activities of daily living.

It is a process that involves you, your family, social workers and other professionals involved in your life. The SDP clearly outlines your skills and needs as well as specifies your goals and activities to help you to develop to your fullest potential during your time with Blue sky.

The SDPs are updated regularly. When the plan has been completed then you, your family and your Social Worker are given signed copies.

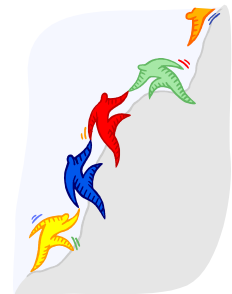
Your Rights

At Blue sky, we firmly believe that *all* children have the right to equal opportunity regardless of your gender, colour, sex, creed or other status.

Know and understand your rights

YOU HAVE THE RIGHT TO

- *Be* and feel safe;
- Be treated fairly no matter what your race, sex, culture, religion, abilities, or sexual orientation;
- Have a say about what happens to you and express your thoughts and feelings;
- Be properly fed, clothed and cared for;
- Go to school;
- Receive medical and dental care;
- Participate in social and recreational activities;
- Participate in your religion and culture and speak your language;
- An interpreter if you are not being understood because of language or abilities;
- Reasonable privacy;
- Know and understand the rules, expectations and your responsibilities;
- Give or refuse consent for the provision of any services;
- Talk privately with your lawyer, the Ombudsman, or your Member of the House of Assembly or an Advocate; and
- Be told how to contact the Advocacy Office.





If you are 12 or older,

YOU ALSO HAVE THE RIGHT TO:

- Know that a decision is being made about you in court so that you can go there when it happens;
- Ask to have a review or an appeal of your placement; and
- Help make your plan of care.

If it doesn't feel fair, maybe it's not right! Call an Advocate!

The Office of the Child and Youth Advocate

193 LeMarchant Road

St. John's, NL A1C 2H5

Tel: (709) 753-3888

Appeals / Complaints Procedure(s)

As a child or youth in Blue sky's care, you have the right to report complaints and concerns regarding the quality of care that you are receiving. You can report complaints or concerns to the Child and Youth Care Workers working with you, as well as to your Home Manager, Home Supervisor, Program Manager, or to the Director of Programs and Services (Caitie Burke) at **(709) 733-2273**. If you have an after-hours emergency that needs to be addressed immediately, the Blue sky After-hours Emergency line is **(709) 685-2659**.

It is Blue sky's policy that once a complaint or concern has been communicated, you will receive a follow-up call by the next business day to gather more information on the circumstances surrounding the complaint and be asked to communicate their expectations around the resolution of the complaint. All complaints received will be taken seriously and investigated according to Blue sky policy.



Blue sky

Personal Property Inventory

Please list, in detail, the personal items brought into the Blue sky home. A staff person will initial each item for verification.

Items brought into Blue sky home	Staff Initials